Proclamation by Governor Jim Justice

Whereas, Men's Health Month is part of an ongoing international effort to educate men, boys, and their families about receiving regular disease prevention screenings, and living healthier lifestyles; and

Whereas, nationwide, life expectance for men averages five years fewer than that of women, with men experiencing higher rates of health problems such as diabetes, obesity, cancer, heart disease, and premature mortality; and

Whereas, the COVID-19 pandemic has had a devastating impact on men's health in the United States, dropping men's life expectancy by two years; and

Whereas, Men's Health Month is a time for the public to recognize the mental and physical health needs of men and boys while encouraging fathers to be role models for their children through preventative health screenings, healthy living, and seeking needed help; and

Whereas, the growing epidemic of suicide and substance abuse requires special effort to raise awareness of unrecognized and undiagnosed depression and mental stress in boys and men; and

Whereas, the centerpiece of *Men's Health Month* is *National Men's Health Week*, a special awareness period passed by Congress and signed into law by President Bill Clinton on May 31, 1994.

Now, Therefore, Be it Resolved that I, Jim Justice, Governor of the Great State of West Virginia, do hereby proclaim *June 2024* as:

Men's Health Month

hereby proclaim June 10-16, 2024 as:

Men's Health Week

in the Mountain State and encourage all citizens to join me in observance.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of West Virginia to be affixed.

Done at the Capitol, City of Charleston, State of West Virginia, this the First day of June, in the year of our Lord, Two Thousand Twenty-Four, and in the One Hundred Sixty-First year of the State.

TO THE SERVER TO THE STATE OF T

Jim Justice Governor

By the Governor:

Mac Warner Secretary of State